

HIGH QUALITY *loving* BEHAVIORS

Affection

SUNGGLES
HOLDING
ROCKING
CARESSING

IN ADDITION TO LOTS
HUGS + KISSES

DELIGHT

"YOU ARE SO FUN TO
BE WITH"

"I love watching you...."
I HAVE BEEN LOOKING
FORWARD TO SEEING YOU!

SAY

Yes!
AS CREATIVELY + OFTEN
AS POSSIBLE

DEDICATION

TO THE DEVELOPMENT
OF THE CHILD AS A

Unique Individual

ATTUNEMENT

AWARE + RESPONSIVE TO
NEEDS + EMOTIONS

*"If it matters to you,
it matters to me"*

DEDICATION

TO THE DEVELOPMENT
OF THE CHILD AS A

Unique Individual

*Believing in the best
version of the child*

Own the Repair

WHEN I MESS UP I
APOLOGIZE + RESTORE THE
RELATIONSHIP

IF MY CHILD MESSES UP
I ADDRESS THE ISSUE,
FORGIVE, AND LET IT BE
OVER

ENCOURAGE BOTH

INNER + OUTER
Exploration

"I CAN HANDLE ALL OF
YOUR CURIOSITY +
DIFFERENCES FROM ME"

Grace

FOR BEING HUMAN +
MAKING MISTAKES

EXTRA NURTURE

WHEN ILL + HURT

Beyond Meds + Doctors Visits

- PRESENCE, SPECIAL FOOD AND
- DRINK, FREQUENT CHECK-INS,
- PHYSICAL COMFORT

SHOW UP + BE AVAILABLE

ESPECIALLY IN THE
HARDEST MOMENTS

CULTIVATE INTERDEPENDANCE

It's healthy to need one another

